Princeville's 50k in May Virtual Challenge

50k=31 miles 1k=.62 mile

Kilometer/Minute converter for walking, biking, etc: 10 minutes = 1k

Open to all ages and all activity levels - walk, run, bike, or workout.

Date	Workout	Kilometers (k)	Minutes (10 min increments)
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
			___Min/10= _____ Kilometers
	TOTAL:		

***Princeville 50k in May* Challenge ends May 30th!**